College of Massage Therapists of Ontario

College of Massage Therapists of Ontario
1867 Yonge Street, Suite 810, Toronto, ON M4S 1Y5 | www.cmto.com | cmto@cmto.com
Phone 416.489.2626 | Toll-free (Ontario) 800.465.1933

Discipline Summary

Nathan Aagesen (Peterborough, ON)

October 2, 2026

Decision

On October 2, 2026, the Ontario Massage Therapists Discipline Tribunal (Tribunal) found that Mr. Aagesen committed the following acts of professional misconduct:

1. contravening a standard of practice of the profession or a published standard of the College, or failing to maintain the standard of practice of the profession, in particular the standards on *Consent*, *Draping and Physical Privacy*, and *Prevention of Sexual Abuse*; and

2. engaging in conduct or performing an act relevant to the practice of the profession that, having regard to all the circumstances, would reasonably be regarded by registrants as disgraceful, dishonourable or unprofessional.

The Tribunal found that Mr. Aagesen failed to obtain the patient's full and informed consent to a chest wall/pectoral massage by not adequately explaining the nature of the proposed massage, the areas of the body that would be touched, or draping expectations. This led to the patient becoming exposed. Mr. Aagesen also came into contact with the patient's breasts. While not sexual in nature, the behaviour breached standards of the profession.

Penalty and Costs

The Tribunal made the following order on penalty and costs:

1. Mr. Aagesen must appear before the panel to be reprimanded immediately following the hearing of this matter, with the fact of the reprimand and the text of the reprimand to appear on the public register of the College; and

2. Mr. Aagesen must pay the College costs in the amount of $5,110, due 30 days after October 2, 2026.

The complete decision and reasons will be available online from the Canadian Legal Information Institute (CanLII).

Reprimand Delivered to Mr. Aagesen

The following reprimand was delivered by a panel of the Tribunal:

> Mr. Aagesen, this panel has serious concerns over your conduct, as you failed to adhere to several Standards of Practice that you are obligated to follow as a Registered Massage Therapist.
>
> We are deeply concerned that you failed to obtain the patient's full and informed consent when you did not adequately discuss the nature of a proposed pectoral massage, what parts of the body would be touched, or expectations around draping. That lack of communication led your patient to undrape herself to the point where a sensitive area became exposed.
>
> We are even more troubled that you failed to ensure that the patient was adequately draped and covered for the purposes of the chest wall/pectoral massage treatment, and when you provided this treatment, you touched both of the patient's breasts, which was neither consented to nor clinically indicated.
>
> As a Massage Therapist, you are in a unique position of authority and trust, and you are always expected to adhere to the profession's Standards of Practice to ensure that your patient's comfort, safety, and well-being are at the center of any decision made regarding their treatment. Your departure from these standards showed a blatant disregard for your professional obligations, and it erodes the public's confidence in the profession.
>
> We are satisfied that the penalty ordered in this matter, combined with your permanent removal from the profession, which resulted from your resignation and agreement to never reapply, is an appropriate outcome in this case. The panel wishes to send an unequivocal message to the profession and the public that behaviour such as yours will not be tolerated and will be met with serious consequence.