

Standard SPOTLIGHT

Safety and Risk Management and Infection Prevention and Control (IPAC)

About Standard Spotlights

Standard Spotlights are educational resources to help Registered Massage Therapists/Massage Therapists (RMTs/MTs) reflect on whether they are practising in a way that meets the expectations established by CMTO's *Standards of Practice*.

Key expectations of this Standard

Key expectations for the Standard include maintaining a safe and sanitary environment, conducting risk assessments, implementing routine practices and risk management measures, adhering to health and safety regulations, documenting relevant incidents or exposures, and remaining aware of infectious disease risks.

Importance of these key expectations

RMTs/MTs must protect the patient and others from infection or illness. They must also recognize and manage risks in the practice to safely deliver patient care.

Meeting these key expectations

Questions to help you reflect on whether you are meeting the expectations include:

- What sources do you use to stay informed about current public health guidance and infectious disease risks in your practice?
- How do you assess risks in your practice environment, including infection transmission and safety hazards?
- What infection prevention and safety practices must be implemented in your practice?
- How do you respond to and document infection prevention and safety incidents in your practice?

*This document is not a *Standard of Practice* or a regulation.