

Standard SPOTLIGHT

Privacy and Confidentiality

About Standard Spotlights

Standard Spotlights are educational resources to help Registered Massage Therapists/Massage Therapists (RMTs/MTs) reflect on whether they are practising in a way that meets the expectations established by CMTO's *Standards of Practice*.

Key expectations of this Standard

Key expectations for the Standard include protecting patient privacy and confidentiality and obtaining patient consent to collect, use, and disclose their personal information. Providing patients with access to their personal health information and ensuring compliance with mandatory reporting requirements for privacy breaches are also emphasized.

Importance of these key expectations

RMTs/MTs are responsible for protecting patients' privacy and confidentiality.

Meeting these key expectations

Questions to help you reflect on whether you are meeting the expectations include:

- How do you safeguard patients' personal information against unauthorized access?
- What are the requirements for obtaining consent to collect, use and disclose patients' personal information according to the Standard?
- How do you respond when a patient asks to see or receive a copy of their health records?
- How do you respond to privacy breaches in your practice?
- How do you manage recording functions (e.g., audio, video) in your practice to protect patient privacy?