

Standard SPOTLIGHT

Collecting Personal Health Information From Patients

About Standard Spotlights

Standard Spotlights are educational resources to help Registered Massage Therapists (RMTs/MTs) reflect on whether they are practising in a way that meets the expectations established by CMTO's *Standards of Practice*.

Key expectations of this Standard

A key expectation includes collecting information that is required by regulations, and necessary for safe and effective care. Other key expectations include using collection practices that are patient-centred, preventing the collection of unnecessary information and preventing risks of harm associated with collecting sensitive information.

Importance of these key expectations

RMTs/MTs have a responsibility to only collect the information that is required by regulations and necessary to provide safe and effective care while preventing risks from overcollection.

Meeting these key expectations

Questions to help you reflect on whether you are meeting the expectations include:

- What types of personal health information do you collect and why?
- What steps do you take to ensure your collection practices are patient-centred?
- How do you prevent risks of harm associated with collecting sensitive information?
- What actions do you take to prevent overcollection of personal health information?