

Standard SPOTLIGHT

Collaboration and Professional Relationships

About Standard Spotlights

Standard Spotlights are educational resources to help Registered Massage Therapists/Massage Therapists (RMTs/MTs) reflect on whether they are practising in a way that meets the expectations established by CMTO's *Standards of Practice*.

Key expectations of this Standard

Key expectations include taking steps to understand other types of care that a patient may be receiving and collaborating with other healthcare professionals whenever possible. The expectations also include working towards resolving problems or conflicts when they occur.

Importance of these key expectations

RMTs/MTs have a responsibility to work collaboratively with other healthcare professionals involved in patient care when possible and appropriate.

Meeting these key expectations

Questions to help you reflect on whether you are meeting the expectations include:

- What steps do you take to understand other types of care that a patient may be receiving?
- How do you ensure that the care you provide is complementary to other types of care?
- What steps do you take to establish and maintain professional relationships with other healthcare professionals involved in a patient's care?
- How do you approach problem-solving or conflict resolution within your practice (e.g., with another healthcare professional or employer)?