

Candidate Statement – Parisa Carello

I am a Registered Massage Therapist with more than 27 years of experience across clinical practice, regulatory governance, post-secondary education, accreditation, strategic leadership, and healthcare leadership.

I currently serve as Lead Massage Therapist at Sunnybrook Health Sciences Centre and as Dean and Program Director of Massage Therapy, providing me with both clinical and educational perspectives on the evolving needs of the profession. Throughout my career, I have been committed to professional standards, accountability, and public protection.

My governance experience includes serving as a Non-Council Professional Member with the College of Massage Therapists of Ontario and as a Director on the Board of the Registered Massage Therapists' Association of Ontario. I have also served as President of the Ontario Council for Private Massage Therapy Colleges and contributed to the national review and revision of accreditation standards as a member of the Canadian Massage Therapy Council for Accreditation Standards Review Committee.

These experiences have strengthened my skills in governance, fiduciary oversight, strategic planning, policy development, risk management, regulatory compliance, and collaborative decision-making. They have also provided me with the opportunity to work with regulators, educators, healthcare professionals, professional associations, and other stakeholders across the profession.

I am seeking to serve on the CMTO Board because I believe strongly in the College's mandate to protect the public through effective, accountable, and evidence-informed regulation. I would bring an experienced and balanced perspective to Board discussions, along with a willingness to listen, collaborate, and make decisions in the public interest.

It would be a privilege to contribute my experience, knowledge, and commitment to helping CMTO provide strategic leadership and support safe, competent, ethical, and accountable massage therapy practice in Ontario.