

Candidate Statement – Tammy Contois

I've had the privilege to serve on CMTO's Board as the elected representative for District 5. I am currently an Executive Officer, and a member of various committees contributing to regulatory decision-making in support of public protection and professional accountability.

I understand the importance of acting in the public interest, while empowering Massage Therapists with the knowledge to do the same. I am a Registered Massage Therapist with nearly 26 years of experience in clinical practice. For the past 14 years, I have been a Community College Professor in Massage Therapy and other health care programs.

My teaching experience spans a broad range of subjects, including anatomy, ethics, business, and clinical practicums. Previously, I spent 3 years teaching in the private sector.

To strengthen my governance and leadership capabilities I completed certificates in Financial Literacy for Fiduciary Duty and Oversight, Effective Governance for Quality and Patient Safety, and Facilitative Chair training, to name a few. These opportunities enhanced my understanding of governance best practices, financial stewardship, effective board leadership, strategic oversight and long-term planning.

I have contributed to the development of the strategic plan, helping to ensure our priorities remain focused on public protection and accountability. I supported thoughtful financial decision-making aimed at managing College fees responsibly to ensure fulfillment of the regulatory mandate while minimizing the impact on registrants. I bring a collaborative approach to governance, informed decision-making, and a steadfast commitment to professional excellence and public protection.

In my work I have demonstrated integrity, accountability, active listening and critical thinking, with a willingness to engage constructively with various parties.

I am honoured to have served in this capacity, and I am seeking re-election to continue building on the progress we have made.