

Candidate Statement – Alana Gunn

I am pleased to put my name forward for election to the Board of the College of Massage Therapists of Ontario.

As a Registered Massage Therapist with 10 years of experience working in sports medicine and multidisciplinary clinical settings, I have developed a strong understanding of the profession, the diverse needs of patients, and the importance of safe, ethical and evidence-informed care. I currently operate a practice focused on massage therapy for jaw pain and TMD/TMJ disorders, while continuing to provide general massage therapy.

My clinical experience has taught me the importance of professional accountability, clear communication, ongoing learning and collaboration with other regulated health professionals. My continuing education in areas such as jaw-focused manual therapy, neuroanatomical acupuncture and intra-oral techniques reflects my commitment to continually developing my knowledge and applying current evidence to patient care.

I believe effective regulation requires listening to the profession while keeping the public interest at the center of decision-making. I would bring to the Board a practical perspective from clinical practice, experience working within multidisciplinary environments, and a commitment to thoughtful, respectful and informed decision-making.

I am particularly interested in contributing to the continued development of standards and policies that support competent practice, public confidence and the evolving role of Registered Massage Therapists in Ontario.

I would be honoured to serve my fellow RMTs and contribute my clinical experience, perspective and commitment to the College's mandate of protecting the public interest.