



## Discipline Summary

**Dimitrios James Nistas (North York, ON)**

**July 7, 2026**

### Decision

On July 7, 2026, the Ontario Massage Therapists Discipline Tribunal (Tribunal) found that Mr. Nistas committed the following acts of professional misconduct:

1. sexual abuse of a patient;
2. physical abuse of a patient;
3. contravening a standard of practice of the profession or a published standard of the College, or failing to maintain the standard of practice of the profession, in particular, the standards for *Consent, Professional Boundaries, Draping and Physical Privacy and Prevention of Sexual Abuse*;
4. doing anything to a patient for a therapeutic, preventative, palliative, cosmetic or other health-related purposes in a situation in which a consent is required by law, without such a consent; and
5. engaging in conduct or performing an act relevant to the practice of the profession that, having regard to all the circumstances, would reasonably be regarded by members as disgraceful, dishonourable or unprofessional.

The Tribunal found that Mr. Nistas engaged in sexual acts with and made sexualized comments to a patient during a massage therapy appointment in 2014. Mr. Nistas also failed to obtain consent for treatment, including written consent for treatment of sensitive areas.

### Penalty and Costs

The Tribunal made the following order on penalty and costs:

1. Mr. Nistas must appear before the panel to be reprimanded immediately following the hearing of this matter, with the fact of the reprimand and the text of the reprimand to appear on the public register of the College;
2. The Registrar must revoke Mr. Nistas' Certificate of Registration on July 8, 2026 at 12:01 a.m.;

3. Mr. Nistas must reimburse the College for funding that has been and that may in the future be provided to the patient under the program established under section 85.7 of the Health Professions Procedural Code, up to the maximum allowable amount of \$17,940;
4. Mr. Nistas must post security in the amount of \$3,000 to guarantee payment of any amounts he may be required to reimburse the College under paragraph 3 above, within 30 days of July 7, 2026;
5. Any amount of security provided by Mr. Nistas pursuant to paragraph 4 above that has not been used by May 17, 2029 will be returned to him; and
6. Mr. Nistas must pay the College costs in the amount of \$5,110, within 30 days of July 7, 2026.

The complete decision and reasons will be available online from the [Canadian Legal Information Institute \(CanLII\)](#).

### **Reprimand Delivered to Mr. Nistas**

The following reprimand was delivered by a panel of the Tribunal:

Mr. Nistas, you are appearing before us having been found to have engaged in conduct that involved the sexual and physical abuse of your patient, as well as treatment without consent. We are concerned by the facts before us, namely that you touched prohibited areas of a patient's body that an RMT is never permitted to touch, you treated a patient's sensitive areas without consent and in a sexual manner, and you made sexualized remarks to her.

The fact that these acts occurred in the treatment room, where you were entrusted to provide care, is especially egregious. The conduct exploited the inherent power imbalance in the Massage Therapist and patient relationship and took advantage of your position of trust. In addition, the conduct breached several standards of practice of the profession, which are in place to ensure that patients are treated with respect and that RMTs maintain professional boundaries and not subject patients to abuse of any kind.

Your actions undermined the public's confidence in this profession because they demonstrated a complete lack of professional judgment and disregard for patient safety. We heard from the patient, through her victim impact statement, the profound negative effects that your misconduct had and continues to have on her and those close to her.

The College of Massage Therapists of Ontario and this Tribunal have zero tolerance for the sexual abuse of patients. This is also reflected in the legislated mandatory nature of

the revocation ordered in this case and we would not have been satisfied with any other outcome.

We hope you are able to reflect on your actions and their effects on the patient. The panel wishes to remind members of the profession that being a Registered Massage Therapist is a privilege and not a right and that any sexual misconduct in the practice of Massage Therapy will carry serious consequences.