

Standard SPOTLIGHT

Collecting Personal Health Information From Clients

About the Standard Spotlight

Standard Spotlights are educational resources to help Registered Massage Therapists/Massage Therapists (RMTs/MTs) reflect on whether they are practising in a way that meets the expectations established by CMTO's *Standards of Practice*. This document is not a *Standard of Practice* or a regulation.

What are some of the key expectations within the Standard?

A key expectation includes collecting information that is required by regulations, and necessary for safe and effective care. Other key expectations include using collection practices that are client centred, preventing the collection of unnecessary information and preventing risks of harm associated with collecting sensitive information.

Why are these expectations important?

RMTs/MTs have a responsibility to only collect the information that is required by regulations and necessary to provide safe and effective care while preventing risks from overcollection.

How do you assess whether you are meeting the expectations of the Standard?

Questions to help you reflect on whether you are meeting the expectations of the *Standard* include:

- What types of personal health information do you collect and why?
- What steps do you take to ensure your collection practices are client centred?
- How do you prevent risks of harm associated with collecting sensitive information?
- What actions do you take to prevent overcollection of personal health information?