

Candidate Statement

For 23 years I have had the privilege to call myself a Registered Massage Therapist. This title is one that is earned and respected. A title that ensures that the public will receive safe, effective, and evidence-informed care. A title that I would like to carry forward while representing District 5 serving as a professional member of the Board for the College of Massage Therapists of Ontario (CMTO).

I have the experience as well as a strong and diverse skillset that makes me the ideal candidate for this important role to work in the interest of the public. In addition to my successful private practice, I have 14 years of experience as a college professor in private and community college settings. My portfolio of courses includes Professionalism, Clinical and lab supervision, Theory and Business to name a few. Being an educator requires critical thinking, and superb communication.

I have served as a non-Council member on various committees for the CMTO since 2019. Appointments have included Client Relations, Quality Assurance and Inquiries, Complaints and Reports Committees (ICRC). Additionally, I have served as panel chair for ICRC, and in an advisory role for the Risk Based Assessment Advisory Group. Each role requires understanding of governance, collaboration, and sound decision-making utilizing professional judgement.

I believe continuing education is crucial to professional development. I have taken numerous courses including those in Teaching and Training Adults, as well as business. Recently I obtained an additional certification in Diversity, Inclusion and Belonging in the Workplace. Each experience has provided me with the additional knowledge and skills to become a better practitioner, educator, and committee member.

Thank you for your time and consideration, and your vote.

Tammy Contois, RMT