

Candidate Statement

Electoral District 2

My name is Simon Adeseko, and I am a Registered Massage Therapist residing in Ottawa. I am also a non-council member for the CMTO, working with the Investigation Complaints and Reports Committee. As a brief background, I am a Canadian born African and graduated with a Health Science degree from Carleton University and a back rehabilitation and strengthening diploma from Dr. Stuart McGill.

I hold a myofascial stretch certification and numerous Personal Training certifications from the US and Canada. I have been an advanced personal trainer and athletic coach for 29 years and had the privilege of being the athletic coach for the Canadian Squash team, NFL players and NHL players.

I am passionate about helping people and for the past 29 years have the reputation within my community as an individual who cares about people and dedicated to helping various individuals become healthier and lead better lives. Working as a non-council member has further helped me see the ways I can work with fellow RMT's thus contributing to public safety, while helping Massage therapists continue to provide safe and professional services to the public and become better at their trade. I hope to become a council member to contribute to the CMTO mission, vision and values, thus achieving the goal of public safety.

Some members of our community value and appreciate the services of RMT's and if given the privilege of being a council member I hope to contribute to this continued value and expend myself to achieve the expectation conferred upon a council member.

Yours in Health

Simon Adeseko RMT, BSc.

Plyomax Wellness Therapy