

Candidate Statement

Hello my name is James Johnson RMT, I am running for council because I am very passionate about the massage therapy field and aim to be the change I would like to see. My education and experience.

Registered Massage Therapist – CMTO, RMTAO.

Rocca Athletic Development – Movement Foundations; Assessment & Corrective Strategies Level 1

Canadian Society of Exercise Physiology Certified Personal Trainer 2019-2021

Graduate from Georgian College Massage Therapy Fast Track

- Honour Student
- Semester 4 RMT Student Representative for Georgian College

Graduate from Georgian College Fitness and Health Promotion

- Honour Student

Advanced Tutor Certified by College Reading and Learning Association

Non-Council - Registration Committee

2022-Present

College of Massage Therapists of Ontario

- Serve on the registration committee.
- Participate in decision-making about RMTs' practice and conduct.
- Review applications for registration where concerns are identified.
- Participate in the development of policies, Standards of Practice, and guidelines.
- Move the agenda forward and keep meeting discussions on topic and focused by periodically clarifying and summarizing issues.
- Facilitate appropriate committee participation and encourage input from all members.
- Ensure that all established policies are followed in accordance with by-laws and all other applicable legislation.

Registered Massage Therapist -

Strive Sports and Exercise Medicine

2021 – Present

- Work collaboratively with Sports Medicine Physicians, Physiotherapists, Chiropractors,
- Review clinical findings of the above allied health professionals and aid in the development of multi-disciplinary plan of care.
- Provide effective evidence-based treatments tailored to clients' needs and goals.
- Dynamic release, Deep Tissue, PNF, Myofascial Release, Sports Massage
- Prescribe exercise, primarily utilize Dynamic Neuromuscular Stabilization as a foundation and build up.
- Attend clinical rounds and specialist presentations such as Biomechanical efficiencies for improved running economy, Peripheral Nerves, entrapment and corrective strategies, ACL injuries and implications.

James Johnson, RMT