

Practice Profile is Now Open

Practice Profile, part of STRiVE – the Quality Assurance Program opened on April 4, 2023 and the deadline to submit is **11:59 p.m. (EST) on May 3.**

[Learn More about Practice Profile.](#)

Ask the Practice Specialist: Can I perform a CBD massage if I don't use my RMT designation?

CMTO sometimes receives questions from RMTs about whether they can perform certain services so long as they are not identifying themselves as an RMT.

RMTs, like other regulated health professionals, can't "take off their professional hat" to avoid rules around practice. This is considered professional misconduct and could lead to an investigation. For example, CBD massages are prohibited according to CMTO's [cannabis guidance](#) and federal law (RMTs cannot offer or sell cannabis products because that is distribution). RMTs cannot circumvent this by not identifying themselves as an RMT.

If RMTs are facing pressure from employers or clients to perform services that are not within the Scope of Practice, or that may not allow them to follow CMTO's Standards and guidance around practice, RMTs can consider:

1. Having a conversation with their employer or client around what it means to be a regulated health professional and explain CMTO's [Standards and Rules](#) for practice.
2. Referring the client to another type of practitioner who may be able to assist them.

If you have further questions, please contact the Practice Specialist at practicespecialist@cmto.com or by phone at 416-489-2626/1-800-465-1933 extension 4124.

CMTO Partners with Other Colleges on Innovative Tribunal Pilot

The College of Massage Therapists of Ontario (CMTO) has joined the Ontario Physicians and Surgeons Discipline Tribunal, the College of Audiologists and Speech Language Pathologists of Ontario, and the College of Registered Psychotherapists of Ontario to launch the **Health Professions Discipline Tribunals Pilot** (HPDTP).

Participation in HPDTP involves the appointment of six experienced adjudicators as non-Council public members to CMTO's Discipline Committee. The adjudicators will conduct case management and chair hearing panels for select sexual abuse matters. Discipline panels will continue to include Registered Massage Therapists and two public members appointed by the Government of Ontario, as required by legislation.

CMTO joined this pilot to:

- Demonstrate regulatory leadership and collaboration by testing innovative approaches.
- Achieve greater independence between CMTO's Discipline Committee and Council.
- Make discipline processes more efficient and improve the quality and consistency of discipline decisions.

CMTO looks forward to participating in the pilot. For more information, please review the [Discipline Committee's Practice Direction](#) or contact hearings@cmta.com.

Notice of Special Meeting of Council

A special meeting of CMTO's Council is scheduled for **April 25 from 9 a.m. – 10 a.m. (EST)**. The meeting will be livestreamed on our [YouTube channel](#).

The purpose of the meeting is to review the feedback received on proposed changes to CMTO's Registration Regulation relating to the creation of an emergency class of registration and that support the accreditation of Massage Therapy education programs.

Leading up to this meeting, CMTO circulated a summary of [the proposed changes for feedback](#). CMTO would like to thank everyone who has provided feedback to-date. If you haven't done so already, please consider providing your feedback on [our website](#). The survey is open until **April 10**.

Insurance Audit Update

CMTO would like to thank all RMTs who were randomly selected to participate in the first annual Professional Liability Insurance (PLI) audit. We are pleased to have achieved a 100% compliance rate! Beginning in 2023, and every year moving forward, CMTO will randomly select 3% of General Certificate holders who will be required to submit a copy of their Certificate of Insurance. This new process replaces the need to enter detailed insurance information through the Registrant Portal.

[Read More.](#)

CMTO Submits 2022 CPMF Report

On March 31, 2023, CMTO submitted its 2022 College Performance Measurement Framework (CPMF) report to the Ontario Ministry of Health.

[Learn more about the CPMF and view our 2022 report.](#)