

Guide to Practising More Than One Health Profession

Registered Massage Therapists (RMTs/MTs) who practise more than one health profession must clearly differentiate between their practices, be transparent in their communication with the client, and avoid or manage conflicts of interest. The health profession can be regulated or unregulated.

Clients have the right to meaningfully participate in decisions about how to meet their treatment goals and to understand how they will be billed. RMTs must clearly communicate to their clients when they are providing Massage Therapy care, and when they are providing care/service that is not within the Scope of Practice of Massage Therapy. When an RMT is providing Massage Therapy care, they must adhere to the Scope of Practice of Massage Therapy and the [Standards of Practice](#).

When practising more than one health profession, RMTs must:

- before consent is obtained, explain to clients when and in what circumstances Massage Therapy is being provided, and when care/service that is not within the Scope of Practice of Massage Therapy is being provided. [Learn more about consent](#).
- inform the client how a product or service will be billed at the start of the appointment.
- only provide receipts for Massage Therapy treatment if the services or products are within the Scope of Practice of Massage Therapy and a Massage Therapy treatment plan. [Learn more about fees and billing](#).
- ensure health and business records distinguish between products and services provided within the Scope of Practice of Massage Therapy and as part of a Massage Therapy treatment plan, and care/service not within the Scope of Practice of Massage Therapy. [Learn more about records](#).
- take steps to avoid or manage any real, perceived, or potential conflicts of interest that may arise from recommending products or services. [Learn more about conflict of interest](#).

If you have further questions about practising more than one health profession, please contact CMTO's Practice Specialist at practicespecialist@cmta.com or by phone at 416-489-2626/1-800-465-1933 extension 4124.