



Update on STRiVE

Over 87% of Registered Massage Therapists (RMTs) successfully completed their self-identified goals and components of STRiVE - the Quality Assurance Program, by the November 30th, 2021 deadline. Through additional follow-up and support from CMTO staff, we are pleased to report that over 99.8% of RMTs have now completed their annual STRiVE requirements! Thank you to all RMTs who fulfilled their professional obligations.

RMTs are encouraged to reflect on their professional learning goals throughout the year. As with all new year's resolutions, it's good practice to remain flexible with personal and professional goals to accommodate unexpected changes in Massage Therapy practice.

Recognizing that professional development and continuing education can occur at any time during the year, the STRiVE platform remains open to all RMTs if they wish to update their learning activities or record professional achievements.