

Standard SPOTLIGHT

Safety and Risk Management

About the Standard Spotlight

Standard Spotlights are educational resources to help Registered Massage Therapists (RMTs) reflect on whether they are practising in a way that meets the expectations established by CMTO's *Standards of Practice (2022)*. This document is not a *Standard of Practice* or a regulation.

What are some of the key expectations within the Standard?

Key expectations for the *Standard* include adhering to health and safety regulations, implementing risk management measures, and maintaining the practice setting in a safe and sanitary manner.

Why are these expectations important?

RMTs must recognize and manage risks in their practice to safely deliver client care.

How do you assess whether you are meeting the expectations of the Standard?

Questions to help you reflect on whether you are meeting the expectations of the *Standard* include:

- What sources do you use to access health and safety regulations and requirements?
- What steps do you take to maintain your practice in a safe and sanitary manner?
- How do you ensure the practice environment supports the physical/personal privacy and safety needs of each client?
- What process do you currently use to document maintenance of the practice setting in an equipment service record or log?
- What steps do you take to respond to safety incidents in your practice?
- How do you handle hazardous materials in your practice setting?