

Standard SPOTLIGHT

Infection Prevention and Control (IPAC)

About the Standard Spotlight

Standard Spotlights are educational resources to help Registered Massage Therapists (RMTs) reflect on whether they are practising in a way that meets the expectations established by CMTO's *Standards of Practice (2022)*. This document is not a *Standard of Practice* or a regulation.

What are some of the key expectations within the Standard?

Key expectations for the *Standard* include conducting risk assessments, implementing routine practices, documenting IPAC and exposure incidents, and maintaining an awareness of infectious disease risks.

Why are these expectations important?

RMTs must protect the client and others from infection or illness in their practice.

How do you assess whether you are meeting the expectations of the Standard?

Questions to help you reflect on whether you are meeting the expectations of the *Standard* include:

- What sources do you use to access public health updates in your community?
- Which aspects of your practice environment pose increased risks of infectious disease transmission?
- What steps do you take to protect clients from infectious disease transmission when using higher-risk treatment approaches?
- Which routine practices must be implemented in your practice according to the *Standard*?
- How do you respond to IPAC and exposure incidents in your practice?