



## TECHNIQUE STANDARD 5

### Perform a Petrissage Technique

**Conditions:**

Given that the client's treatment plan indicates the need for petrissage technique

**Task:**

Perform a petrissage technique

**Standard:**

***Quality / Technical:***

- So that the tissues are compressed and released in a rhythmical fashion.
- So that the tissue layers are kneaded and stretched relative to each other.

***Safety:***

- So that petrissage is not used or is modified if a contraindication to this technique exists.