TECHNIQUE STANDARD 4

Perform an Effleurage Technique

**Conditions:**
Given that the client's treatment plan indicates the need for effleurage technique

**Task:**
Perform an effleurage technique

**Standard:**
**Quality / Technical:**
- So that the direction of movement is generally towards the heart.
- So that the movement is broad and general, and proportional to the part of the body being worked on.

**Safety:**
- So that effleurage is not used or is modified if a contraindication to this technique exists.