



TECHNIQUE STANDARD 2

Perform a Stroking Technique

Conditions:

Given that the client's treatment plan indicates the need for stroking technique

Task:

Perform a stroking technique

Standard:

Quality / Technical:

- So that stroking is performed through client's covering or directly on the skin.
- So that if the purpose of stroking is to achieve a relaxation effect the technique is soothing, slow, and even.
- So that if the purpose of stroking is to achieve a stimulating effect the technique is brisk.

Safety:

- So that stroking is not used or is modified if a contraindication to this technique exists.