TECHNIQUE STANDARD 17

Apply Hydrotherapy

Conditions:
Given that the client's treatment plan indicates a need to use hydrotherapy

Task:
Apply hydrotherapy

Standard:
Quality / Technical & Interpersonal:
• So that you describe to the client how the hydrotherapy application would be performed, including its intended effect and possible negative reactions.
• So that you provide the client with an opportunity to ask questions.
• So that you regularly observe the client's physical reactions and inquire as to the client's comfort.
• So that the hydrotherapy treatment is pre-tested on a small area (patch test) if there is any concern about the client's ability to tolerate the temperature or type of application.
• So that the size, intensity and duration of treatment is determined according to the client's general health status and indications in the case.
• So that you provide the client with a rest period following large or intense applications.
• So that the equipment manufacturer's specifications are followed correctly and a maintenance log is kept.
• So that the equipment is cleaned and maintained in accordance with the requirements defined by the Infection Control for Regulated Professionals document

Safety:
• So that the applications used are not contraindicated due to the client's condition.
• So that applications are modified if necessary, due to the client's condition.
• So that you regularly observe the client's response to treatment and remain available for treatment alteration.
• So that if the medical history of the client indicates a high risk of any negative reaction, constant supervision is maintained.
• So that if any negative reactions are identified, treatment is modified or stopped.
• So that hygienic conditions are maintained at all times.

Reference:
O. Reg. 544/94 Part III S. 9
Infection Control for Regulated Professionals