

# COMMUNICATION / PUBLIC HEALTH STANDARD 4

# Interview the Client to Obtain His/Her Treatment Goals

### **Conditions:**

In a treatment area, given a client who comes to you for massage therapy

#### Task:

Interview the client to obtain his/ her treatment goals

### Standard:

### Quality / Technical:

- So that your interview questions include:
  - client's goals for the treatment.
  - limitations to activities of daily life
  - identification of area(s) client would like to focus on
  - discovery of contributing factors

### Quality /Interpersonal:

- So that you give the client an opportunity to inform you of any specific area(s) to be treated and to relay any information the client chooses about his/her treatment goals.
- So that you give the client an opportunity to ask questions.

#### Timing:

Before the massage begins and at any time during the massage.