

## Updated Practice Resource: Cannabis

On October 17, 2018, recreational cannabis became legal for adult use in Canada under the [Cannabis Act, 2018](#). At that time, CMTO created a practice resource to address questions that Registered Massage Therapists (MTs or RMTs) and clients may have about cannabis and Massage Therapy.

In June 2019, amendments to the *Cannabis Act* were passed. The new amendments came into force on October 17, 2019 and include the production and sale of three new categories of cannabis: edible cannabis, cannabis extracts and cannabis topicals. With new categories of cannabis becoming legally available in Ontario, CMTO reviewed and updated the Practice Resource: Cannabis.

After conducting research, CMTO concluded the recent amendments to the *Cannabis Act* do not change CMTO's guidance on cannabis in Massage Therapy practice situations. CMTO would like to remind RMTs that:

- Offering or selling cannabis products (including topicals) in their practice is prohibited under the *Cannabis Act*.
- There is insufficient information available regarding the risks associated with the use of topicals. For this reason, RMTs should not apply a client's own cannabis topical (in any form) to the client during treatment.

The Practice Resource: Cannabis has been updated to reflect the recent amendments of the *Cannabis Act*. [Click here](#) to review the updated Practice Resource: Cannabis.

An [FAQ](#) to help answer client questions about cannabis topicals is here.

CMTO will continue to monitor regulatory changes involving cannabis and will provide timely updates on new developments. **Please contact CMTO's Practice Specialist with questions at [practicespecialist@cmto.com](mailto:practicespecialist@cmto.com) or (416) 489-2626/1-800-465-1933 extension 4124.**