



College of  
Massage  
Therapists of  
Ontario

## **Get Ready: The New Standards of Practice Take Effect January 1, 2022**

In July 2021, CMTO released new Standards of Practice that take effect on January 1, 2022. View the [2022 Standards of Practice](#).

The new Standards will not significantly impact how RMTs deliver Massage Therapy. Instead, the most impactful changes relate to how requirements are described and the thinking used to apply those requirements in practice.

### **Standard Spotlight**

CMTO developed a set of educational documents called Standard Spotlights. Each Spotlight provides additional information on the outcomes expected for a Standard and a set of questions RMTs can use to consider how they are achieving outcomes and following the related requirements. Reviewing and preparing for the Standards implementation can be a learning outcome as part of an RMT's STRIVE Learning Plan.

Other documents will be released over the coming months to further support understanding and implementation of the Standards.

If you have questions after reviewing the Standards, please contact CMTO's Practice Specialist at [practicespecialist@cmto.com](mailto:practicespecialist@cmto.com) or by phone at 416-489-2626/1-800-465-1933 extension 4124.