



## Cannabis and Massage Therapy

### Frequently Asked Questions - Clients of Massage Therapists

#### ***Can my Massage Therapist offer cannabis oil or a topical product containing cannabis in my treatments?***

No. Massage Therapists are not permitted to offer cannabis oil or a topical product containing cannabis; it is prohibited under the [Cannabis Act, 2018](#).

#### ***If I bring my own cannabis oil or a topical product containing cannabis, can my Massage Therapist apply it to me during my treatment?***

There is insufficient information available regarding the risks associated with the use of topicals. For this reason, Massage Therapists should not apply a client's own cannabis topical (in any form) to the client during treatment.

CMTO hopes this information is helpful. CMTO will continue to monitor regulatory changes involving cannabis, and will provide timely updates on new developments. **Please contact CMTO's Practice Specialist with questions at [practicespecialist@cmto.com](mailto:practicespecialist@cmto.com) or (416) 489-2626 / 1-800-465-1933 extension 4124.**

For additional information about cannabis, please see:

Government of Canada - <https://www.canada.ca/en/services/health/campaigns/cannabis.html>

Government of Ontario – <https://www.ontario.ca/page/cannabis-legalization>