COMMUNICATION / PUBLIC HEALTH STANDARD 11

Pre / Post Treatment Protocol

Conditions:
Given a client who has given consent to proceed with treatment

Instruct the Client

Task:
Instruct client on undressing/dressing procedures

Standard:
Quality / Technical & Interpersonal:
• So that you explain to the client the reasons for the removal of clothing.
• So that you instruct the client to remove the clothing and items which he / she is comfortable removing.
• So that you provide the client with an opportunity to ask questions.
• So that you provide the client an opportunity to dress/undress out of the view of the therapist and other people.
• So that you get permission from the client to re-enter the area.
• If the client requires assistance to dress/undress themselves the following procedures are followed:
  • So that you inform the client of those pieces of clothing you will need to remove.
  • So that you remove only those pieces of clothing the client wants to remove.
  • So that you inform the client of where you might touch him/her and why.
  • So that you touch only those areas of the client's body needed to remove the client's clothing.
  • So that you record the client's consent and the assistance provided.
  • So that all efforts are made to maintain respectful privacy of the client by use of covering, while assisting him/her to dress/undress.

Task:
Instruct client on treatment positioning and covering

Standard:
Quality / Technical:
• So that you obtain client agreement to the treatment position.
• So that the instructions include how the client should position his / her body for treatment.
• So that the client is advised as to use of the sheets to cover him/herself once he/she is in position for treatment, if he/she is undressed. (Please see Communication / Public Health Standard 12 regarding undraping)
• If the client requires assistance on or off the massage table:
  • So that you modify the assistance approach so as to minimize the client's physical discomfort.
  • So that all efforts are made to maintain respectful privacy of the client by use of covering, while assisting him/her in getting on or off the table.
**Quality / Interpersonal:**
- So that you provide the client with an opportunity to ask questions.

**Safety:**
- So that the instructions include any precautions the client should take to prevent falling off the table.
- So that you prevent the client from falling

**Timing:**
- Before the client undresses.

**Conditions:**
Given that the massage therapy treatment session has been completed

**Task:**
Instruct client on when and how to get off the table

**Standard:**

**Quality / Technical & Safety:**
- So that the instructions include what to do and why.
- So that you ask the client if he/she needs assistance.
- So that you tell the client about the possibility of dizziness and light-headedness as a result of getting off the table too quickly.

**Timing:**
- Before instructing the client to dress.

Select lubricant to be used, if needed

**Conditions:**
Given a client positioned for the treatment, the client's health history pertaining to allergies and the client's preference

**Task:**
Select lubricant to be used, if needed

**Standard:**

**Quality / Technical and Safety:**
- So that the lubricant selected is not contraindicated for use due to an allergy or the client's preference.
- So that you ensure contaminant-free dispensing of lubricant