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## COMMUNICATION / PUBLIC HEALTH STANDARD 11

### Pre / Post Treatment Protocol

**Conditions:**

Given a client who has given consent to proceed with treatment

**Instruct the Client****Task:**

Instruct client on undressing/dressing procedures

**Standard:*****Quality / Technical & Interpersonal:***

- So that you explain to the client the reasons for the removal of clothing.
- So that you instruct the client to remove the clothing and items which he / she is comfortable removing.
- So that you provide the client with an opportunity to ask questions.
- So that you provide the client an opportunity to dress/ undress out of the view of the therapist and other people.
- So that you get permission from the client to re-enter the area.
- If the client requires assistance to dress / undress themselves the following procedures are followed:
  - So that you inform the client of those pieces of clothing you will need to remove.
  - So that you remove only those pieces of clothing the client wants to remove.
  - So that you inform the client of where you might touch him/her and why.
  - So that you touch only those areas of the client's body needed to remove the client's clothing.
  - So that you record the client's consent and the assistance provided.
  - So that all efforts are made to maintain respectful privacy of the client by use of covering, while assisting him/her to dress/undress.

**Task:**

Instruct client on treatment positioning and covering

**Standard:*****Quality / Technical:***

- So that you obtain client agreement to the treatment position.
- So that the instructions include how the client should position his /her body for treatment.
- So that the client is advised as to use of the sheets to cover him/herself once he/she is in position for treatment, if he/she is undressed. (Please see Communication / Public Health Standard 12 regarding undraping)
- If the client requires assistance on or off the massage table:
  - So that you modify the assistance approach so as to minimize the client's physical discomfort.
  - So that all efforts are made to maintain respectful privacy of the client by use of covering, while assisting him/her in getting on or off the table.



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**Quality / Interpersonal:**

- So that you provide the client with an opportunity to ask questions.

**Safety:**

- So that the instructions include any precautions the client should take to prevent falling off the table.
- So that you prevent the client from falling

**Timing:**

- Before the client undresses.

**Conditions:**

Given that the massage therapy treatment session has been completed

**Task:**

Instruct client on when and how to get off the table

**Standard:**

**Quality / Technical & Safety:**

- So that the instructions include what to do and why.
- So that you ask the client if he/she needs assistance.
- So that you tell the client about the possibility of dizziness and light-headedness as a result of getting off the table too quickly.

**Timing:**

- Before instructing the client to dress.

Select lubricant to be used, if needed

**Conditions:**

Given a client positioned for the treatment, the client's health history pertaining to allergies and the client's preference

**Task:**

Select lubricant to be used, if needed

**Standard:**

**Quality / Technical and Safety;**

- So that the lubricant selected is not contraindicated for use due to an allergy or the client's preference.
- So that you ensure contaminant-free dispensing of lubricant