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## TECHNIQUE STANDARD 17

### Apply Hydrotherapy

**Conditions:**

Given that the client's treatment plan indicates a need to use hydrotherapy

**Task:**

Apply hydrotherapy

**Standard:**

***Quality / Technical & Interpersonal:***

- So that you describe to the client how the hydrotherapy application would be performed, including its intended effect and possible negative reactions.
- So that you provide the client with an opportunity to ask questions.
- So that you regularly observe the client's physical reactions and inquire as to the client's comfort.
- So that the hydrotherapy treatment is pre-tested on a small area (patch test) if there is any concern about the client's ability to tolerate the temperature or type of application.
- So that the size, intensity and duration of treatment is determined according to the client's general health status and indications in the case.
- So that you provide the client with a rest period following large or intense applications.
- So that the equipment manufacturer's specifications are followed correctly and a maintenance log is kept.
- So that the equipment is cleaned and maintained in accordance with the requirements defined by the Infection Control for Regulated Professionals document

***Safety:***

- So that the applications used are not contraindicated due to the client's condition.
- So that applications are modified if necessary, due to the client's condition.
- So that you regularly observe the client's response to treatment and remain available for treatment alteration.
- So that if the medical history of the client indicates a high risk of any negative reaction, constant supervision is maintained.
- So that if any negative reactions are identified, treatment is modified or stopped.
- So that hygienic conditions are maintained at all times.

**Reference:**

O. Reg. 544/94 Part III S. 9

*Infection Control for Regulated Professionals*