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## TECHNIQUE STANDARD 16

### Perform Massage to the Chest Wall

**Conditions:**

Given that massage to structures of the chest wall has been requested or clinically indicated prior to treatment, and that the client has consented to the treatment plan.

**Clinical Indicators concerning chest wall musculature, including but not limited to:**

- post-mastectomy
- rehabilitation after cancer treatment
- chronic respiratory conditions
- relief of muscular discomfort and/or pain
- supportive treatment of postural rebalancing
- scarring of the tissue of the chest wall

**Task:**

Provide treatment to structures of the chest wall

**Standard:**

***Quality / Technical***

- So that the chest/breast is uncovered only with the prior and voluntary consent of the client (notwithstanding clause in Communication / Public Health Standard 12 applies).

***Safety***

- So that structures of the chest wall are not treated or that treatment is modified if contraindications to treatment of this area exist.

**Reference:**

*Health Care Consent Act, 1996*

Position Statement on Treating Sensitive Areas