

College of Massage Therapists of Ontario

Additional Technique Standard 1

Introduction to the Standards for Specific Additional Massage Therapy Techniques

There are Standards that apply in general to the performance of additional massage therapy techniques. These "General" Standards are to be met in the performance of all additional techniques in a massage therapy treatment. Not all massage therapists will have the training required to perform all or any of these additional techniques. Massage therapists are responsible for ensuring that they have the necessary knowledge and skills to perform an additional technique safely.

Conditions:

Given that the client's treatment plan includes one or more additional massage therapy techniques

Task:

Perform the technique(s) correctly and in such a way that they are well integrated in the treatment, and that the treatment plan is executed with the client's consent, and all aspects of the modality in use are within the scope of practice.

Standard:**Quality/ Interpersonal:**

- So that you explain the treatment plan and receive consent in accordance with Communication / Public Health Standards 7 and 10.
- So that you do not use a technique, or continue its use, if the client indicates a preference not to use it.
- So that you make the client aware that some techniques may be painful, depending on how they are applied and the condition being treated.
- So that you treat within the client's pain tolerance, and you give the client the opportunity to inform you of his/her pain level within a mutually agreed upon range of acceptable pain.

Quality / Technical:

- So that you ensure that you have the necessary knowledge, skill and judgement to use the additional massage therapy technique.
- So that you do not practice the additional massage therapy technique if you do not have the educational qualifications, if any, required by the College.