



The CMTO Content Outlines based on Inter-Jurisdictional Competency Standards (IJS) have been updated as of April 2015. They now include new testable tasks that were not described in the previous Content Outlines.

Tables 1.A and 1.B describe these new tasks. Massage Therapy education providers and candidates undertaking Certification Examinations should turn to this updated version after April 2015. More specifically, Massage Therapy education providers and candidates undertaking Certification Examinations should use Table 1.A, as of June 2015, for the Multiple Choice Question (MCQ) exams; and Table 1.B, as of May 2015, for the Objectively Structured Clinical Evaluation (OSCE).

Table 2 is included for reference and comparison. It describes the tasks on the previous Content Outlines. Again, the tasks in Table 1.A will be tested as of June 2015 and the tasks in Table 1.B will be tested as of May 2015.

Table 1.A: Content Outline Based on IJS Multiple Choice Questions (MCQs)	
Competencies	New Tasks/Concept
1.2.c.3	Adapt to operational constraints (as a subtask of 'Employ Critical Thinking')
1.2.c.5	Provide rationale for decisions (as a subtask of 'Employ Critical Thinking')
1.2.e.1	Describe the framework of healthcare delivery in Canada
1.2.e.3	Explain the role of Massage Therapy within the healthcare system
3.1.c.1	Describe the principles of draping
2.1.c.1.A.1.b 2.1.c.2.A.1.b 3.1.e.1.A.1.b	Mood (as a subtask of 'Common Clinical Conditions that Present as Variables of: Pain, Mood, Anxiety, Sleep, Cognition')
2.1.c.1.A.1.c 2.2.c.2.A.1.c 3.1.e.1.A.1.c	Anxiety (as a subtask of 'Common Clinical Conditions that Present as Variables of: Pain, Mood, Anxiety, Sleep, Cognition')
2.1.c.1.A.1.d 2.2.c.2.A.1.d 3.1.e.1.A.1.d	Sleep (as a subtask of 'Common Clinical Conditions that Present as Variables of: Pain, Mood, Anxiety, Sleep, Cognition')

Table 1.B: Content Outline Based on IJS Objectively Structured Clinical Evaluation (OSCE)	
Competencies	New Tasks/Concept
1.2.a.3	Adapt to operational constraints (as a subtask of 'Employ Critical Thinking')
1.2.a.5	Provide rationale for decisions (as a subtask of 'Employ Critical Thinking')
Appendix: A.1.b	Mood (as a subtask of 'Common Clinical Conditions that Present as Variables of: Pain, Mood, Anxiety, Sleep, Cognition')
Appendix: A.1.c	Anxiety (as a subtask of 'Common Clinical Conditions that Present as Variables of: Pain, Mood, Anxiety, Sleep, Cognition')
Appendix: A.1.c.	Sleep (as a subtask of 'Common Clinical Conditions that Present as Variables of: Pain, Mood, Anxiety, Sleep, Cognition')

Note: Table 2 is for reference only. Massage Therapy education providers and candidates undertaking Certification Examinations should use Table 1.A as of June 2015 and Table 1.B as of May 2015.

Table 2: Previous Content Outline Multiple Choice Questions (MCQs) Exam Competencies Not Included on IJS	
Competencies	Tasks
I.A.2	Health Science: Demonstrates an understanding of anatomy and physiology including: chemical, cellular and tissue-level of organization
I.E	Health Science: Recognizes the basic implications of addictions and substance abuse

Note: While certain competencies from the old Content Outline will no longer be tested in the Multiple Choice Questions – and as such, they were removed from the Table 1A – the same cannot be said of the OSCEs. All tasks in the previous OSCE content outlines are included in the new IJS-based Content Outlines.